**CLINIC PLACEMENT A (JULY TO DEC 2017)**

**COMPETENCY-BASED DEVELOPMENTAL PLAN FOR SUPERVISON**

**TRAINEE BACKGROUND**

Trainee’s name ……………............................. Date:………..............

This brief questionnaire seeks to enhance your awareness of what your preferences are with regard to supervision objectives and methods. This exercise is important because it facilitates planning and coordination of supervision to increase the chances that the targeted competencies are attained.

1. Highest qualification already awarded ……..…..
2. Years of experience as a psychologist until now (if applicable) ................
3. Place a tick in the cell that best describes your experience in terms of placement hours and supervision completed.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Placement hours | Less than 100 | 100-200 | 200-400 | 400-600 | 600-800 | 800-1000 | 1000+ |
| Individual supervision hours | Less than  20 | 21-40 | 41-60 | 61-80 | 81-100 | 100-150 | 150+ |
| Group | Less than 20 | 21-40 | 41-60 | 61-80 | 81-100 | 100 -150 | 150+ |

1. What if any is your preferred approach to therapy (Circle one)?

|  |  |  |  |
| --- | --- | --- | --- |
| BT | ACT | Psychodynamic | Eclectic |
| CBT | Family- systems | Humanistic-existential | Other: mention |

1. How strongly committed are you to this approach?
2. In what approach(es) do you want training? Circle as appropriate

|  |  |  |  |
| --- | --- | --- | --- |
| BT | ACT | Psychodynamic | Eclectic |
| CBT | Family- systems | Humanistic-existential | Other: mention |
|  | | | |

1. In an overall sense and across supervisors, what was the approximate ***percentage of supervision time*** your past supervisor(s) allocated to the following supervision methods? Enter this in Column A. In Column B, record how supervision time should be allocated to best help you attain the competencies you want to achieve from supervision. Percentage values in Columns A and B must total to 100.

|  |  |  |
| --- | --- | --- |
| **Supervision methods** | **A: Supervision received (mention %)** | **B: Effective supervision**  **(mention %)** |
| 1. Live or video demonstration of competencies by supervisor/other expert followed by feedback (e.g., co-therapy with supervisor as primary therapist, video demo) |  |  |
| 1. Live (e.g., one-way mirror) or delayed observation (e.g., DVD) of your performance followed by feedback |  |  |
| 1. **Role play & feedback:** Supervisor involved you in a *role-play exercise* to demonstrate clinical skills before discussion & feedback. |  |  |
| 1. **Case presentation & Discussion:** Includes advice, suggestions, discussion of case-problems and other professional issues. |  |  |
| 1. Discussion of professional issues or trainee experiences (e.g., ethical, interdisciplinary issues). |  |  |
| 1. Use of case scenarios (e.g, to test diagnostic capabilities or ethics judgments) |  |  |
| 1. **Any other** method not included above (mention) |  |  |

NB: Complete this sheet and hand this to your principal supervisor in Week 2.